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EDUCATION

PhD - Developmental Psychology (GPA: 4.00)

2018 – 2024 | Ege University, İzmir, Turkey
Dissertation: Evaluating the Concept of Ownership from a Developmental
Perspective*

Master - Developmental Psychology (GPA: 3.95)

2016 – 2018 | Ege University, İzmir, Turkey
Thesis: Evaluating the Effectiveness of a Program to Develop Sharing, Helping, and
Comforting Skills in Preschool Children**

Bachelor - Psychology (GPA: 3.26)

2012 – 2016 | Ege University, İzmir, Turkey
Thesis: Investigation of Teachers' Strategies for Coping with Peer Bullying***

RESEARCH AND WORK EXPERIENCE

Sep 2024 – Present	Assistant Professor, Başkent University
Feb 2024 – Sep 2024	Lecturer, Department of Psychology, Cappadocia University
Jul 2023 – Apr 2024	Project Assistant, PERGEL-E (Parent-Adolescent Intervention Program), PI: Prof. Dr. Nazlı Baydar

*Supported by TÜBİTAK 1002/B: Fast Support Program, Emergency Support Module

**Supported by Ege University Scientific Research Projects Coordination

***Supported by TÜBİTAK 2209/A: University Students Research Projects Support
Program

Sep 2022 – June 2024	Psychologist, İnciraltı Montessori Kindergarten
Sep 2020 – June 2024	Laboratory Assistant, Ege University Cognitive Development Lab, Lab Director: Assit. Prof. F. Cansu Pala
Nov 2021 – Jul 2022	Project Assistant, TEACH SDG İzmir, Ege University & İZELMAN A.Ş., European Union Project, Project PI: Assoc. Prof. F. Cansu Pala
Nov 2020 – Mar 2022	Psychologist, The House of Emotion Sharing
Nov 2018 – Jan 2020	Research Fellow, <i>Parenting Attitudes and Parent–Child Communication Effects on Child and Adolescent Development</i> , TÜBİTAK-1003 Project, Project PI: Prof. Dr. Aysun Doğan
Feb – Oct 2019	Trainer, <i>Step by Step Towards Effective Parenting 2</i> for Parents of Adolescents
Oct – Nov 2019	Trainer, <i>Parenting Program for Parents of Children Aged 2–6</i> , HUGO BOSS Employees
Feb 2017 – Feb 2018	Trainer, <i>Step by Step Towards Effective Parenting</i> for Parents of Children Aged 2–6
Dec 2017 – Apr 2018	Psychologist, Özel Beyaz İnci & Özel Natural Kids Kindergartens
Dec 2017 – Apr 2018	Practitioner, ViSC (Viennese Social Competence Program) Program
Nov 2015 – May 2016	Project Assistant, ViSC Social Skills Development Program
Nov 2015 – Mar 2016	Project Assistant, PTSD Intervention Program for Children: Soma Sample
2014 – 2016	Research Assistant, Ege University Child and Adolescent Research Laboratory

PUBLICATIONS

Pala, F.C., Doğan, A., Yılmaz-Irmak, T., **Şen-Hastaoğlu, Z.**, Eslek, D., Keser-Açıkbaş, E., Özsoy, D. ve Aytekin, S.T. (2023). Evaluating the effectiveness of a parenting intervention program for parents of children aged 2–6. *Dokuz Eylül Üniversitesi Buca Eğitim Fakültesi Dergisi*, 57, 1808–1825.

Gümüştin, D., Kızıltepe, R., Ebeođlu Duman, M., Keser Aıkbař, E., **řen Hastaođlu, Z.**, Glada Kahya, G., Eslek, D., Aytemr, M. ve Yılmaz Irmak, T. (2023). First-time motherhood experiences during the covid-19 pandemic: A qualitative study. *Nesne*, 11(27), 98–115.

Pala, F. C., Gkdađ, C., zsoy, D., & **Hastaođlu, Z. ř.** (2022). How parents assist children’s emotion regulation in Turkey: The Turkish adaptation of the parental assistance with child emotion regulation (PACER) questionnaire. *Current Psychology*, 1-15.

Pala, F.C., **řen-Hastaođlu Z.** & Akdeniz, B. (2021). A review of ownership: The developmental course and its dimensions. *Studies in Psychology*, 41(2), 365-401.

řen, Z. & Dođan, A. (2021). An examination of teachers’ attitudes towards bullying, their coping strategies for handling bullying, and perceived school climate. *Education and Science*, 46(207), 43-62.

Ergden, N., Dođan, A. & **řen-Hastaođlu, Z.** (2020). The effects of family involvement on preschoolers’ self-esteem and social emotional adaptation. *Nesne Journal of Psychology*, 8(17), 297-309.

Dođan, A., Keser, E., **řen, Z.**, Yanagida, T., Gradinger, P. & Strohmeier, D. (2017). Evidence Based Bullying Prevention in Turkey: Implementation of ViSC Social Competence Program. *International Journal of Developmental Science*, 11(3), 93-108.

PRESENTATIONS

Pala, F. C., & řen-Hastaođlu, Z. (September 2024). “*Whose Toy Do You Think This Is?*” *Understanding the Cues Used in Ownership Attribution*. Oral presentation at the 4th Developmental Psychology Symposium, Ankara, Turkey.

řen-Hastaođlu, Z. & Pala, F. C. (September 2024). *An examination of the relationship between ownership and social cognitive skills*. Poster presentation at the 4th Developmental Psychology Symposium, Ankara, Turkey.

řen-Hastaođlu, Z., & Tařkın, E.E. (September 2024). *An examination of child- and parent-related factors in the emotion regulation process of preschool children*. Poster presentation at the Proceedings of the National Psychology Graduate Students Congress, Antalya, Turkey.

Pala, F. C., řen-Hastaođlu, Z., & zsoy, D. (August 2023). *Teaching sustainable development goals in early childhood training programs: The case of İzmir*. Oral presentation at the European Conference on Developmental Psychology (ECDP 2023), Turku, Finland.

řen-Hastaođlu, Z., Pala, F. C., & nder, H. (August 2023). *The developing comprehension of ownership from preschool children to adults*. Oral presentation at the European Conference on Developmental Psychology (ECDP 2023), Turku, Finland.

Pala, F. C., & Şen-Hastaoğlu, Z. (August 2023). *Emotion comprehension in Turkish preschoolers*. Poster presentation at the European Conference on Developmental Psychology (ECDP 2023), Turku, Finland.

Pala, F. C., & Şen-Hastaoğlu, Z. (July 2023). *The developmental pattern of understanding ownership in early childhood*. Oral presentation at the 18th European Congress of Psychology, Brighton, United Kingdom.

Pala, F. C., Şen-Hastaoğlu, Z., & Özsoy, D. (July 2023). *Teaching sustainable development goals in early childhood: The Teach SDG Program (İzmir sample)*. Oral presentation at the 18th European Congress of Psychology, Brighton, United Kingdom.

Pala, F. C., & Şen-Hastaoğlu, Z. (June 2023). *The developmental pattern of understanding ownership in early childhood*. Oral presentation at the 52nd Annual Meeting of the Jean Piaget Society, Madrid, Spain.

Keser-Açıkbaş, E., & Şen-Hastaoğlu, Z. (September 2022). *Examining marital relationships and coparenting within the family life cycle framework*. Poster presentation at the 3rd Developmental Psychology Symposium, Koç University, Istanbul, Türkiye.

Pala, C., Gökdağ, C., Şen-Hastaoğlu, Z., & Özsoy, D. (September 2022). *The mediating role of parental support in the relationship between parent and child emotion regulation*. Oral presentation at the 3rd Developmental Psychology Symposium, Koç University, Istanbul, Türkiye.

Şen-Hastaoğlu, Z., & Pala, C. (September 2022). *The developmental trajectory of ownership understanding in early childhood*. Poster presentation at the 3rd Developmental Psychology Symposium, Koç University, Istanbul, Türkiye.

Şen, Z. (November 2019). *Evidence-based interventions: Social and emotional competence in infancy and childhood*. Winter School, Rome, Italy.

Şen, Z., & Doğan, A. (September 2019). *Evaluating the effectiveness of a program aimed at improving preschool children's sharing, helping, and comforting behaviors*. Poster presentation at the 2nd Developmental Psychology Symposium, Ege University, İzmir, Türkiye.

Doğan, A., Keser-Açıkbaş, E., Şen, Z., Aytekin, S. T., Tilki, B., Gümüştan, D., & Kızıltepe, R. (August 2019). *Evaluating the effectiveness of the ViSC school-based bullying prevention program in Turkey*. Oral presentation at the 19th European Conference on Developmental Psychology, Athens, Greece.

Şen, Z., & Doğan, A. (August 2019). *An evaluation of the effectiveness of a social skills training program for preschool children*. Poster presentation at the 19th European Conference on Developmental Psychology, Athens, Greece.

Tunalı, E., Şen, Z., & Doğan, A. (August 2019). *How maternal practices affect preschool children's emotion socialization and prosocial behavior*. Poster

presentation at the 19th European Conference on Developmental Psychology, Athens, Greece.

Şen, Z., & Doğan, D. (November 2018). *An evaluation of the effectiveness of a social skills training program*. Oral presentation at the 20th National Psychology Congress, Ankara, Türkiye.

Şen, Z., & Doğan, D. (November 2018). *Preschool children's prosocial skills and their relationship with cognitive abilities*. Poster presentation at the 20th National Psychology Congress, Ankara, Türkiye.

Şen, Z. (May 2018). *We need to talk: Child abuse*. Oral presentation, Faculty of Education, Ege University, İzmir, Türkiye.

Şen, Z. (November 2017). *Supporting and promoting social skills in early childhood*. Teacher seminar, Ege University Foundation Schools, İzmir, Türkiye.

Doğan, A., Keser, E., & Şen, Z. (November 2017). *Developing social skills*. Teacher training seminars at public primary schools, İzmir, Türkiye.

Doğan, A., Keser, E., & Şen, Z. (October 2017). *A guide for intervention in peer bullying*. Teacher seminar, Ege University Foundation Schools, İzmir, Türkiye.

Şen, Z., & Doğan, A. (August 2017). *Teachers' attitudes toward bullying*. Poster presentation at the 18th European Conference on Developmental Psychology, Utrecht, The Netherlands.

Doğan, A., Keser, E., Şen, Z., Yanagida, T., Grading, P., & Strohmeier, D. (August 2017). *Evidence-based bullying prevention in Turkey: Implementation of the ViSC social competence program*. Oral presentation at the 18th European Conference on Developmental Psychology, Utrecht, The Netherlands.

Şen, Z. (May 2017). *Parenting during the transition to adolescence*. Parent seminar, İzmir, Türkiye.

Doğan, A., Keser, E., & Şen, Z. (May 2017). *Social and emotional skill development: The ViSC program*. Conference on Good Practices in Education, Sabancı University, Istanbul, Türkiye.

Doğan, A., Keser, E., & Şen, Z. (March 2017). *Developmental psychology: Theory and practice*. International Cyprus University, Nicosia, Cyprus.

Şen, Z., & Doğan, A. (September 2016). *Teachers' attitudes and behaviors toward peer bullying*. Poster presentation at the 19th National Psychology Congress, İzmir, Türkiye.

Keser, E., Şen, Z., Ormankıran, B., Takanoğlu, E., & Doğan, A. (November 2015). *Bullying among Turkish adolescents: Prevalence and psychosocial problems*. Poster presentation at the 20th Workshop on Aggression, Linz, Austria.

Turhan, E., Şen, Z., Kuru, S., Bayraktar, D., & Ala, E. (June 2014). *The impact of gender-segregated dormitories on students' social lives*. Oral presentation at the 19th National Psychology Students' Congress, Türkiye.

AWARDS AND SCHOLARSHIPS

June 2023	Scholar, 1002-B Emergency Support Module, Scientific and Technological Research Council of Turkey
August 2020	Scholar, 2211-A PhD Scholarship Program, Scientific and Technological Research Council of Turkey
November 2018	Best Poster Award, "The Evaluation of Prosocial Skills of Preschool Children and Their Relationship between Cognitive Skills". 20 th Turkish Psychology Congress, Ankara.
September 2018 May 2016	100/2000 PhD Scholar, Higher Education Institution, Turkey Research Grant, Investigations of Teachers' Attitudes toward School Bullying, Scientific and Technological Research Council of Turkey
November 2015	Best Poster Award, "Bullying among Turkish Adolescents: Prevalence and Psychosocial Problems". Poster Presentation, 20 th Workshop Aggression, Linz, Austria.

TRAININGS & CERTIFICATIONS

March 2024	API-Certified <i>KALPTEN BAĞLI</i> Parenting Trainer Program
March 2022	Experiential Play Therapy, Level 2; Trainer: Byron Norton
November 2021	Gottman Couples Therapy Training Trainers: Filiz Kaya & Özge Altan Aytun
March 2021	Experiential Play Therapy, Level 1 Trainer: Nilüfer Devecigil
February 2021	<i>Tuning Into Teens</i> Practitioner Training Trainer: Prof. Dr. Sophie Havighurst
December 2020	<i>Tuning Into Kids</i> Practitioner Training Trainer: Prof. Dr. Sophie Havighurst
November 2020	Family Counseling Training (Ministry of National Education– Approved, 464 hours)
June 2020	Positive Psychology Training KİM Psychology, Trainer: Tayfun Doğan
May 2020	Acceptance and Commitment Therapy (ACT)–Based Individual Coaching Training KİM Psychology, Trainer: Dr. Ensari Ciceralli
February 2020	Accredited Parenting Skills (Teens) Certification Course Online Training, Trainer: Braco Pobric
February 2020	Mindfulness-Based Cognitive Therapy Training

	Online Training, Trainer: Graham Nicholls
January 2020	Mindfulness Practitioner Certificate Course Online Training, Trainer: Kain Ramsey.
August 2018	Child Assessment Tests Training